



TRAINING PROGRAMME

FIFE VIOLENCE AGAINST WOMEN PARTNERSHIP (FVAWP)

2019/20 1ST OCTOBER 2019 TO 31ST MARCH 2020

WELCOME

Welcome to our Fife Violence Against Women Partnership (FVAWP) Training Programme. It brings together all the training co-ordinated by FVAWP across Fife from 1st October 2019 to 31st March 2020

These organised learning opportunities offer a range of subjects, delivered by partners across Fife with the aim of providing workers and volunteers with the knowledge, confidence and skills to respond appropriately when working with individuals affected by gender based violence.

Being equipped with the skills and confidence to take the right action and approach in our practice could go a long way in reducing the gender inequalities that exist.

All of our courses are free, some are run by our partners from both the voluntary and statutory sectors. We hope that shared connections will enable further courses and learning opportunities to develop to meet people's needs.

Fife Council staff need to apply through CLMS, courses count towards CPD requirements and many will appear on e-portfolios.

Non-Fife Council staff need to complete the booking form on the last page and submit to either SWCPD.Co-OrdinationUnit@fife.gov.uk or by post to 5th Floor (West), Fife House, North Street, Glenrothes, Fife, KY7 5LT.

If you require any information about any of the courses organised by FVAWP please contact 01592 583690 or email fvawp@fife.gov.uk

Happy learning!



DOMESTIC ABUSE

WHAT YOU NEED TO KNOW

FVAWP – Domestic Abuse What You Need to Know (SW3709)

AIM:

The aim of this course is for participants to develop a greater awareness and understanding of the nature of domestic abuse, its impact and consequences.

LEARNING OUTCOMES:

By the end of the course participants will be able -

- To understand domestic abuse as a complex pattern of abusive behaviours
- To understand the difficulties faced by victims leaving an abusive relationship
- Know how to give appropriate and effective support

WHO SHOULD ATTEND?

It is suitable for practitioners who work with children, young people, vulnerable people, victims/survivors of abuse and perpetrators and is particularly suitable for new staff, students and as part of induction training.

COURSE DESCRIPTOR:

This course is aimed at practitioners working across services who would benefit from a knowledge of the dynamics, impact and consequences of domestic abuse.

COURSE DURATION:

2 hour seminar (2pm - 4pm)

DATES:

22nd October,
Dunfermline City Chambers

11th Feb 2020
Brunton House, Cowdenbeath

DOMESTIC ABUSE AND PROTECTION OF CHILDREN



FVAWP - Domestic Abuse and Protection of Children (SW4470)

AIM:

The aim of this course is for participants to develop an understanding of the nature and scope of domestic abuse, its impact, consequences and its intersections with child safety, wellbeing and protection.

LEARNING OUTCOMES:

By the end of the training participants will have:

- an understanding of the dynamics and impact of domestic abuse on mothers and children;
- an awareness of the links between domestic abuse, child welfare and protection;
- a basic understanding of the Safe and Together approach to domestic abuse.

WHO SHOULD ATTEND?

It is suitable for those working with children, young people, adult victims/survivors of abuse and perpetrators.

COURSE DESCRIPTOR:

This course is aimed at practitioners working with families who are experiencing domestic abuse.

Participants explore the complexities of domestic abuse and steps involved in keeping children and young people safe from harm; recognising the impact of perpetrators coercive behaviour on adult and child victims. Participants are briefly introduced to the Safe & Together approach, which focuses on harm to children, supporting the non-abusing parent and holding the perpetrator to account. It is designed to support and enhance practice alongside existing child protection guidelines and GIRFEC obligations.

COURSE DURATION:

FULL DAY

DATES:

1st October 2019

School of Midwifery, Kirkcaldy

10th December 2019

City Chambers Dunfermline

23rd January 2020

School of Midwifery, Kirkcaldy



THE IMPACT OF DOMESTIC ABUSE IN THE EARLY YEARS

The Impact of Domestic Abuse in the Early Years (SW3477)

AIM:

The aim of this session is to allow participants to better understand the dynamics of domestic abuse and the impact this has on mothers, babies and toddlers highlighting the links between domestic abuse, GIRFEC and practitioners child protection responsibilities.

LEARNING OUTCOMES:

By the end of the training participants will:

- Have an understanding of the dynamics and impact of domestic abuse on mothers, babies and toddlers
- Be able to identify indicators of domestic abuse
- Understand the links between domestic abuse and attachment
- Make explicit links between domestic abuse and the GIRFEC Framework

WHO SHOULD ATTEND?

It is particularly suitable for Early Years Nursery and Playgroup Staff, Early Years Officers, Health Visitors, Child Minders, Social Work and Third Sector staff.

COURSE DESCRIPTOR:

This 1 day seminar is aimed at practitioners working in the early years setting or supporting mothers with children under the age of 4 years.

Children who live in households where domestic abuse occurs can suffer physical, psychological and emotional harm through directly or indirectly experiencing domestic abuse. This course will make explicit how domestic abuse is a child protection issue.

COURSE DURATION:

FULL DAY

DATES:

25th of November 2019
Town House, Kirkcaldy

23rd of March 2020
Town House, Kirkcaldy

FACILITATORS:

Cedar+ co-ordinators who have an expert knowledge of domestic abuse and early years developed through their therapeutic groupwork with mothers and children 0 - 4years

UNDER PRESSURE (ZERO TOLERANCE RESOURCE)



FVAWP

Under Pressure (Zero Tolerance resource) (SW5126a)

AIM:

The aim of this course is for participants to develop an understanding of the nature and scope of domestic abuse, its impact, consequences and its intersections with child safety, wellbeing and protection.

LEARNING OUTCOMES:

To better increase knowledge, skills and confidence in the delivery of effective sexualisation awareness, abuse prevention and early intervention strategies in your work with young people.

WHO SHOULD ATTEND?

It is suitable for staff who would like to use the Under Pressure training programme.

COURSE DESCRIPTOR:

This course aims to increase the skills and awareness around abuse and exploitation in young people's intimate relationships, as well as providing activity resources for those frontline staff to use with young people to help work towards preventing VAWG (violence against women and girls) by raising awareness of VAWG, changing attitudes towards it, and examining ideas to do with gender inequality.

COURSE DURATION:

FULL DAY

DATES:

20th / 27th November 2019
(6pm - 9pm Twilight sessions)
Maxwell Centre, Cowdenbeath

6th February 2020

Fife Voluntary Action, Glenrothes
(Go to <https://bit.ly/2Jq6aYm> to download an application form for this course)

FACILITATORS:

A range of partners who have been trained by Zero Tolerance to deliver this session.



FEMALE GENITAL MUTILATION (FGM) SEMINAR

FVAWP - Female Genital Mutilation (FGM) Seminar (SW2833)

AIM:

The aim of this session is to allow participants to better understand the dynamics of domestic abuse and the impact this has on mothers, babies and toddlers highlighting the links between domestic abuse, GIRFEC and practitioners child protection responsibilities.

LEARNING OUTCOMES:

By the end of the training participants will:

- To understand the practice and consequences of female genital mutilation/female circumcision
- To better understand the prevalence, reasons and justifications for this practice
- To develop an understanding of how to identify those at potential risk of FGM
- To be able to access appropriate support and information for clients and professionals
- To gain an understanding of the legal issues around FGM

WHO SHOULD ATTEND?

It is suitable for professionals working across all services.

COURSE DESCRIPTOR:

Female Genital Mutilation is an abuse of human rights and is a child protection issue. This stand-alone, multi-agency seminar is aimed at professionals working across services to raise awareness of the very current issue surrounding female genital mutilation, including prevalence, consequences, legal aspects and implications for practice. There is a need for us all to become more aware of FGM which is widespread in a number of communities in Scotland.

COURSE DURATION:

2 hour seminar (2pm - 4pm)

DATES:

12th December 2019
Town House, Kirkcaldy

5th March 2020
Bankhead Central, Glenrothes

MARAC MULTI-AGENCY RISK ASSESSMENT CONFERENCING



MARAC (Multi-Agency Risk Assessment Conferencing) Domestic Abuse and the Safety of High Risk Victims (SW3507)

AIM:

This seminar will provide key information about the MARAC process including information on: Talking about domestic abuse with victims, risk assessment and safety planning, making a referral to the MARAC process, information sharing and the MARAC meeting and MARAC Risk Management Plans.

LEARNING OUTCOMES:

Participants will:

- Develop a robust understanding of the dynamics of domestic abuse
- Understand the impact of domestic abuse on the lives of victims, including children
- Have an increased awareness of risks associated with very high risk cases of domestic abuse and the value of a robust risk assessment tool
- Understand how the MARAC process can enhance the protection of victims including children living with domestic abuse
- Understand the MARAC process in Fife and the practitioner's role within it.

COURSE DESCRIPTOR:

The MARAC process allows agencies to share information about very high risk cases of domestic abuse and together agree a Risk Management Plan (RMP). Whatever service/ organisation you work in, you will be in contact with victims of domestic abuse. Victims need frontline staff to have an excellent understanding of risk in relation to domestic abuse. Through the sharing of information and expertise, the MARAC process enhances the safety of the individuals at highest risk of further abuse.

COURSE DURATION:

FULL DAY

DATES:

12th November 2019

City Chambers, Dunfermline

FACILITATORS:

MARAC practitioners who regularly attend meetings



RAPE & SEXUAL ASSAULT WHAT YOU NEED TO KNOW

FVAWP - Rape & Sexual Assault What You Need to Know (SW2987)

AIM:

To develop an understanding of the specific issues for those who have been raped or sexually assaulted at some time in their lives.

Objectives of the training:

- To consider the nature, attitude and prevalence of sexual abuse
- To examine the immediate and longer term impacts
- To identify ways to deal with disclosure
- To become familiar with police and court procedures

LEARNING OUTCOMES:

On completing this training participants will:

- Have an increased understanding of the complexities surrounding those who have experienced rape or sexual abuse
- Recognise the difficulties for those disclosing or reporting rape or sexual abuse
- Know how to cope with disclosure of rape or sexual abuse
- Be aware of the importance of good practice in the work place
- Appreciate the roles of other agencies and inter-agency working

COURSE DESCRIPTOR:

This one day course is facilitated by Fife Rape and Sexual Assault Centre (FRASAC) and is aimed at practitioners working with adults and/or children or who those who are supporting survivors of sexual abuse.

COURSE DURATION:

FULL DAY

DATES:

17th February 2020
Bankhead Central, Glenrothes
(9.30am - 4.30pm)

FACILITATORS:

Fife Rape and Sexual Assault Centre (FRASAC)

SEE ME NOT MY MASK

UNDERSTANDING INDIVIDUALS REACTIONS TO SEXUAL TRAUMA



FVAWP - See me not my mask: Understanding Individuals Reactions to Sexual Trauma (SW2705)

AIM:

To support participants gain an increased understanding around the complexities of disclosure and in particular how those affected may react or respond. This generic training is aimed at support workers and other professionals who may facilitate disclosure and/or reporting and recording of sexual trauma.

LEARNING OUTCOMES:

By the end of the training participants will have:

- Increased understanding of the complexities surrounding those who have experienced sexual trauma
- Be able to recognise the difficulties for those disclosing or reporting sexual trauma and how that will be presented
- Increased understanding of the importance of the listener/helper role when working with sexual trauma.
- Increased skills and understanding in responding to individual disclosure.
- Increased knowledge and understanding of good practice.

COURSE DESCRIPTOR:

This full day course is facilitated by Lynn Simpson and Lorraine Cafferkey, Kingdom Abuse Survivors Project. Kingdom Abuse Survivors Project exists to provide support which aims to eliminate the debilitating effects that childhood sexual abuse can have on adult survivors. The course is aimed at those who are already working in an area where contact with survivors where sexual trauma is common.

COURSE DURATION:

FULL DAY

DATES:

6th November 2019
Townhouse, Kirkcaldy

FACILITATORS:

Lynn Simpson and Lorraine Cafferkey,
Kingdom Abuse Survivors Project.



UNDERSTANDING MEN AND BOYS EXPERIENCES OF RAPE AND SEXUAL ABUSE (FRASAC AND KASP)

Understanding Men And Boys Experiences Of Rape And Sexual Abuse (FRASAC and KASP)

AIM:

- To develop an understanding of the specific issues for men and boys who have experienced abuse.
- To look at what may be unique to being a male survivor, examine the barriers to disclosure and challenge myths and assumptions.
- To identify ways we as workers can support male survivors.

LEARNING OUTCOMES:

On completing this training participants will:

- Have an increased understanding of the difficulties male survivors face.
- Recognise the difficulties around disclosure or reporting
- Know how best to cope with disclosure and the subsequent challenges that may arise for you as a worker as a result.

WHO SHOULD ATTEND?

It is suitable for those who are already working in an area where contact with male survivors of domestic abuse is common. The training will look at men and boys experience of surviving rape and sexual assault.

COURSE DESCRIPTOR:

This full day course is facilitated by Fife Rape & Sexual Assault Centre (FRASAC) and Kingdom Abuse Survivors Project (KASP) and is aimed at those who are already working in an area where contact with survivors of abuse is common. The training will look at men and boys experience of surviving childhood sexual abuse, rape & sexual assault and how they can often be the hidden victims.

COURSE DURATION:

FULL DAY

DATES:

18th November 2019
Bankhead, Glenrothes

FACILITATORS:

(FRASAC & KASP)



HUMAN TRAFFICKING AND EXPLOITATION IN SCOTLAND: WHAT FRONTLINE SERVICE WORKERS NEED TO KNOW

Human Trafficking and Exploitation in Scotland: What Frontline Service Workers Need to Know

AIM:

- Participants will learn about human trafficking and exploitation, its prevalence in Scotland, and what supports are available.

LEARNING OUTCOMES:

Participants will learn:

- Some of the major indicators of human trafficking
- The links between commercial sexual exploitation and trafficking
- Some of the challenges to disclosure
- How to best help potential victims and how to access services available

WHO SHOULD ATTEND?

Frontline services including women's organisations, and those working with vulnerable adults such as migrants, women in prostitution, the homeless.

COURSE DESCRIPTOR:

This course is run by Trafficking Awareness Raising Alliance, one of Scotland's leading support agencies for women who have been trafficked for the purposes of commercial sexual exploitation. The course is aimed towards services who may come into contact with adults who are potential victims of trafficking. Different forms of trafficking will be covered, but the primary focus will be around adults trafficked for commercial sexual exploitation.

COURSE DURATION:

HALF DAY

DATES:

Thursday 30th January,
(1pm - 5pm)

Town House, Kirkcaldy

Thursday 12th March,
(1pm - 5pm)

City Chambers, Dunfermline

FACILITATORS:

Trafficking Awareness Raising Alliance (TARA).



APPLYING FOR A PLACE:

We are currently able to offer these courses free of charge.

No catering is provided.

Venues vary so please check the details listed on the application.

Fife council employees

All Fife council employees are required to apply through Corporate Learning Management System (CLMS). The link can be found at the bottom of the FISH home page. Courses start with the prefix 'FVAWP'

Multi-agency partners and all out with Fife Council

Please complete the course application form with the details of course clearly stating date and full course name application to - SWCPD.Co-OrdinationUnit@fife.gov.uk.

Every course request must have an individual completed application form, we will not accept any application form completed with multiple courses on one form.

Your place will be confirmed by email from 'noreply@soprahosting'. This is not a spam email address.

If you require further help with booking please contact:

Business Support Learning & Development Team,
5th Floor (West), Fife House, North Street, Glenrothes, Fife, KY7 5LT by phoning 03451 555 555 ext. 450032 or at SWCPD.Co-OrdinationUnit@fife.gov.uk.

Although you will receive an e-mail confirming receipt of your application this does not guarantee a place. A separate email will be sent confirming you have been allocated a place and notifying you of the allocated venue.

If you can no longer attend and no replacement can be sent in your place: Cancellations should be made as soon as possible. Fife Council employees can cancel directly through CLMS.

Non-Fife Council applicants should contact:

Business Support Learning & Development Team,
5th Floor (West), Fife House, North Street, Glenrothes, Fife, KY7 5LT by phoning 03451 555 555 ext. 450032 or at SWCPD.Co-OrdinationUnit@fife.gov.uk.

APPLICATION FORM

If you are **not** a council employee and would like to book a place on of the courses or seminars, please fill in the application below and return it to -

SWCPD.Co-OrdinationUnit@fife.gov.uk

*****Fife Council employees should apply through CLMS/LMS/CPD Online*****

Course name and code:	
Date of course you wish to attend:	
Name:	
Job title:	
Organisation / Service:	
Address	
Telephone Number:	
Email address:	
Line Manager Email:	
Please say what learning you expect to gain:	
Is this part of your own professional development plan?	Yes No
Please detail any special requirements you may have:	